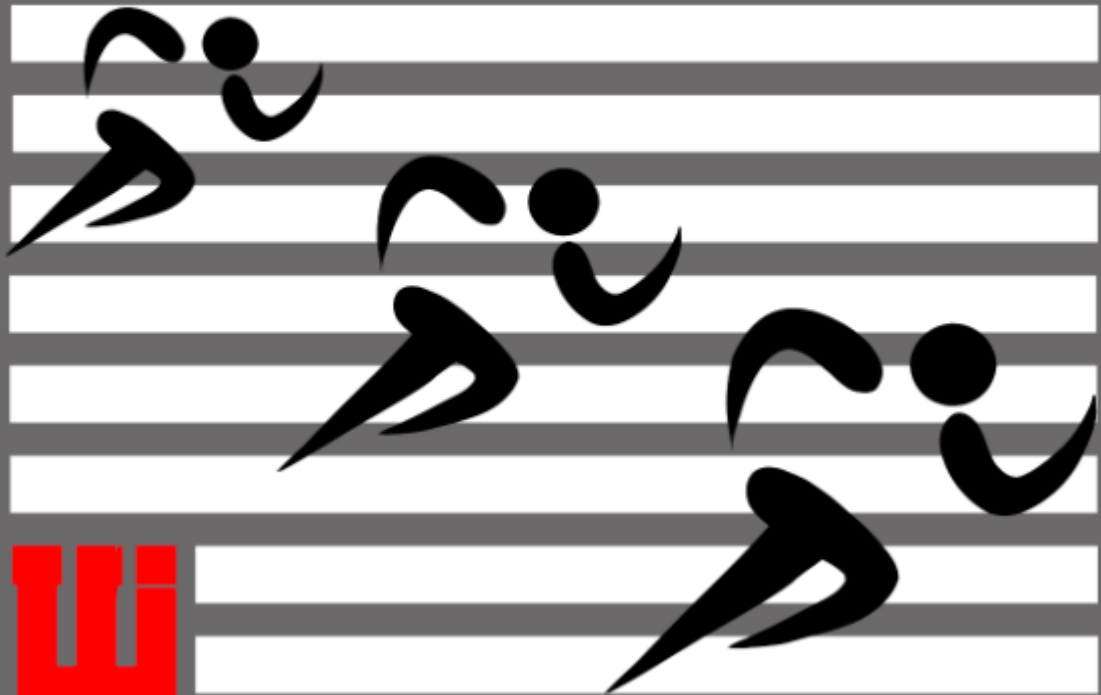


# **WILLESDEN** **5K PB Race**



**5000m run on the athletics track**

**Wednesday 14<sup>th</sup> August 19:00**  
**Willesden Sports Centre**  
(Registration from 18:30)



A great chance to try and beat your 5km PB (or any other target time) supported by your local triathlon club. Prizes will be given for speed and the participants making the greatest improvements to their PBs. Home baked goods available (after the run!)

Register with the QR code or at [Willesdentriathlonclub.co.uk/events](http://Willesdentriathlonclub.co.uk/events)  
[racewillesdenti@gmail.com](mailto:racewillesdenti@gmail.com)